

WEEK 1

22 April
13 May
10 June
1 July
22 July
2 Sept
23 Sept
14 Oct

Monday

Pasta Carbonara
OR
Sweet Potato and Quorn
Curry with Rice

Peas • Carrots

Sultana and
Oat Cookie

Tuesday

Mild Beef Chilli
with Rice
OR
Broccoli and Cheese
Quiche with New
Potatoes

Green Beans •
Sweetcorn

Fruit Jelly

Wednesday

Roast Chicken with
Yorkshire Pudding
OR
Vegetarian Toad in the
Hole with Gravy
Roast or Creamed Potatoes
Broccoli • Roast Parsnips
Mango Cheesecake

Thursday

Butchers' Beef
Burger in a Roll
OR
Vegetarian Pasta
Bolognese
Cauliflower • Green Beans
Sticky Toffee
Pudding with Cream

Friday

Oven Baked
Fish Fillet
OR
Cheese and
Tomato Pizza
Chips or Pasta
Baked Beans • Peas
Iced Fruit Smoothie with
Fruit Salad

WEEK 2

29 Apr
20 May
17 June
8 July
9 Sept
30 Sept
21 Oct

Monday

Salmon Fishcake
OR
Cheese and Tomato
Pizza
Homemade Jacket
Wedges

Carrots • Peas
Fruit Shortbread

Tuesday

Teriyaki Chicken
OR
Crispy Quorn Dippers
with Teriyaki Sauce
Noodles
Sweetcorn • Green
Beans

Carrot Cake with
Lemon Topping

Wednesday

Roast Gammon
with Yorkshire Pudding
OR
Spring Vegetable Bake
Roast or New Potatoes
Cauliflower • Spring Cabbage
Apple and Blackberry
Crumble with Custard

Thursday

Cottage Pie
OR
Macaroni Cheese
Broccoli • Carrots

Iced Raspberry
Sponge

Friday

Oven Baked
Fish Fillet
OR
Quorn Sausage
Chips or Pasta
Peas • Baked Beans
Frozen Strawberry and
Vanilla Mousse

WEEK 3

6 May
3 June
24 June
15 July
16 Sept
7 Oct

Monday

Mild Chicken
Curry with Rice
OR
Southern Style Quorn
Burger in a Roll
Carrots • Peas
Fruity Golden
Krispy Cake

Tuesday

Oven Baked Sausages
with Creamed Potatoes
and Gravy
OR
Jacket Potato with Beans
and Cheese
Broccoli • Carrots
Apple Sponge with
Custard

Wednesday

Roast Turkey
with Yorkshire Pudding
OR
Roast Quorn Fillet with
Yorkshire Pudding
Roast or New Potatoes
Spring Cabbage • Cauliflower
Banana Flapjack

Thursday

Lasagne with
Garlic Bread
OR
Vegetarian Chilli
with Rice
Green Beans • Carrots
and Peas
Chocolate Brownie with
Mandarins

Friday

Oven Baked
Fish Fingers
OR
Cheese & Onion
Pinwheel
Chips or Pasta
Broccoli • Sweetcorn
Ice Cream



Fresh Fruit, Yoghurt, Fresh Salad and Bread available